

Probiotic Blend (10B CFU)

In: Liver Biome+ · 1,800+ studies

Summary

Multi-strain *L. acidophilus*, *B. lactis*, *L. rhamnosus* — for gut barrier integrity and microbial diversity.

Lead Researcher

Prof. Mary Ellen Sanders

International Scientific Association for Probiotics & Prebiotics

Selected Peer-Reviewed Citations

[1] Probiotics — definition, scope and mechanisms. *Nature Reviews Gastroenterology & Hepatology*, 2014.
<https://pubmed.ncbi.nlm.nih.gov/24912386/>

[2] *L. rhamnosus* GG: clinical evidence. *Beneficial Microbes*, 2019.
<https://pubmed.ncbi.nlm.nih.gov/30773913/>

[3] Gut–liver axis and probiotics in NAFLD. *Hepatology*, 2014.
<https://pubmed.ncbi.nlm.nih.gov/24493213/>

TruWe formulas use clinically-studied actives at effective doses. Third-party tested · FSSAI · GMP. Educational use only — not medical advice.